



2010 USATF Oregon Association Masters /Open Championships/ Portland Masters Classic



June 19th & 20th, 2010

Sponsored by the Portland MastersTrack Club Held at Mt. Hood Community College, 26000 SE Stark, Gresham OR

Ages 19 & over - For more information, contact Paul Stepan, 503-666-8950

Reception held at the track: PMTC invites you to share provided Pizza and soft drinks at the end of Saturday's events.

USATF Membership required to compete

Packets: Available Sat. June 19th, starting at 8:00 AM at Mt. Hood C. C. and at 8:00 AM on Sunday

Concessions: Food concessions available during the meet.

Instructions:

- Make checks to: Portland Masters Track Club
- Send entry form and check to:

Don Kane
14239 NW Mason Hill Rd.
North Plains, OR, 97133

- Entries must be postmarked by June 12th, 2010
- Entries require USATF membership numbers.
- \$10.00 late entry fee (based on space availability)
- Medals to first 3 places in each event. 19 to 29 yr age group, 5 yr age div. for 30 yr and up
- Entry packets must be picked up prior to competing
- Registration closed 1 hour prior to event
- Implements for field events must be checked in 30 minutes prior to the event. Some implements are furnished.

Host Hotels

Gresham Area Hotels

For reservations call toll free:
866-288-6800
\$89.99/night
Standard Room

Tentative Schedule for Saturday, June 19th		
Track Event	Time	Field Event
10,000m run- M&W	9:00 AM	Pole Vault-All W&M60+ Shot Put-All M&W
5,000m Racewalk-M&W	10:00 AM	Long Jump-M19-59
2 K Steeple chase-All Women and Men 60+	11:15 AM	Javelin-All W&M60+
3 K Steeplechase-M19-59	11:35 AM	
80m High Hurdles-M&W	12:00noon	Pole Vault-M19-59
100m High Hurdles-M&W	12:15 PM	
110m High Hurdles-M&W	12:30 PM	Weight Throw and then Super-weight-All W, then All Men Long Jump-All W&M60+
100m Dash-M&W	1:00 PM	Javelin-M19-59
1500m Run-M&W	1:30 PM	
400m Dash-M&W	2:00 PM	
3000m Run-M&W	2:30 PM	

Tentative Schedule for Sunday, June 20th		
5000m Run-M&W	9:00 AM	Hammer Throw-All W&M60+ Discus-M19-64
200m IM Hurdles-W70+	10:00 AM	High Jump, All W&M60+
300m IM Hurdles-M&W	10:15 AM	
400m IM Hurdles-Men	10:30 AM	
200m Dash-M&W	10:45 AM	Hammer Throw-M19-59, Triple Jump-All W&M
1 mile Racewalk-M&W	11:15 PM	
800m Run-M&W	12 Noon	High Jump-M19-59 Discus-All W&M65+
Relays, 4x100m, 4x400m, 4x800m at 12:30 on Sunday		
Normally, running events begin with women, and are older to younger		

Entry Form – Portland Masters Classic - 2010

Please Print

Name _____ Age(6/19/10) _____ Birth Date ____ / ____ / ____

Address _____ City _____ State ____ Zip _____

Phone _____ Club Affiliation _____ Male ___ Female ___ USAT&F # _____

Yes, I will need ADA accomodation Documentation must be submitted by May 10th, 2010

Events	Best '09-'10 mark	T-shirt \$12 /ea Size	Attend Reception?	Num. of people
1		___ S	Yes ___	
2		___ M	No ___	
3		___ L		
4		___ XL		
5		___ XXL		

Entry Fees

1 event \$20 _____

1st additional event \$10 _____

Each additional event beyond 2 .. \$5 _____

Voluntary Contrib. for Officials.. \$5 _____

Late fee after 6/12/10..... \$10 _____

T-Shirt \$12 ea _____

Total enclosed \$ _____

Waiver: Must be signed to compete
I waive all rights that I or my heirs or assigns may have against the Portland Masters Track Club and/or Mt. Hood C.C. arising from any injury illness or accident that I may sustain in arriving to, participating in, or departing from this event. I declare my good health to participate in this event.

Signed _____ Date _____ Rev.2, March 5, 2010