



**2012 USATF Oregon Association
Track and Field Championships
& Portland Masters Classic**

June 23, and 24, 2012

**Mt Hood Community College Gresham,
Oregon**



**Sponsored by
the Portland Masters Track Club
Ages 19 & over - For more information
contact Paul Stepan, 503-666-8950 or
pdxmasters.com**

**Come and Enjoy competing
in one of the oldest masters
track meets in the USA at a
great venue. A full two days
of competition.**

Tentative Schedule for Saturday, June 23

Track Event	Time	Field Event
10,000m run- M&W	9:00 AM	Pole Vault-All W&M60+ Shot Put-All M&W
5,000m Racewalk-M&W	10:00 AM	Long Jump-M19-59
2 K Steeple chase All Women and Men 60+	11:15 AM	Javelin-All W&M60+
3 K Steeplechase-M19-59	11:35 AM	
80m High Hurdles-M&W	12:00noon	Pole Vault-M19-59
100m High Hurdles-M&W	12:15 PM	
110m High Hurdles-M&W	12:30 PM	Weight Throw and then SWeight-All W, then All Men Long Jump-All W&M60+
100m Dash-M&W	1:00 PM	Javelin-M19-59
1500m Run-M&W	1:30 PM	
400m Dash-M&W	2:00 PM	
3000m Run-M&W	2:30 PM	

Tentative Schedule for Sunday, June 24

Track Event	Time	Field Event
5000m Run-M&W	9:00 AM	Hammer Throw-All W&M6-64
200m IM Hurdles-W70+	10:00 AM	High Jump, All W&M60+
300m IM Hurdles-M&W	10:15 AM	
400m IM Hurdles-M&W	10:30 AM	
200m Dash-M&W	10:45 AM	Hammer Throw-M19-59, Triple Jump-All W&M
1 mile Racewalk-M&W	11:15 PM	
800m Run-M&W	12 Noon	High Jump-M19-59 Discus-All W&M65+
Relays, 4x100m, 4x400m, 4x800m at 12:30 on Sunday		
Normally, running events begin with women, and are older to younger		