

USATF Northwest Region Championship/Portland Masters Classic

Mt. Hood Community College, Gresham, Oregon, June 25 & 26, 2011

Meet Results—Rev. 4

10000m

| | | | | | | | |
|-----|------------------|----------|---------------|----------------|---------------|-------------|-------|
| M50 | Punches, Richard | 39:01.94 | Brock, Woody | 19.57 | Vergin, Roger | 2.00m | |
| M55 | Huff, Mark | 46:39.52 | Wright, Larry | 19.59 | M75 | Hewitt, Bob | 2.40m |
| | Cook, Don | 52:21.86 | M75 | Kane, Don | Morris, Allen | 2.00m | |
| M70 | Wright, Larry | 52:07.57 | | Walker, Kermit | | | |
| | | | M90 | Bulkley, Dan | | | |

5000m Race Walk

| | | |
|-----|------------------|----------|
| W45 | Grimes, Kathryn | 27:10.94 |
| W50 | Bellerud, Nana | 32:30.59 |
| | Bolm, Jill | 35:01.43 |
| | Sullivan, Linda | 36:24.81 |
| W60 | Robeson, Maureen | 34:44.98 |
| M55 | Frank, Rob | 27:13.14 |
| M60 | Novak, Bob | 28:55.44 |
| | Robeson, Dennis | 29:47.54 |
| | Chraminski, Stan | 34:18.10 |
| M65 | Opsahl, George | 32:54.21 |
| M75 | MacPike, Ron | 35:54.00 |
| M80 | Vaughn, Dick | 38:41.31 |

2000m SC

| | | |
|-----|-----------------|----------|
| W50 | Seth, Betsy | 9:02.34 |
| | Frasier, Kori | 9:51.28 |
| M60 | Taylor, David | 7:41.34 |
| M65 | Peirce, Stephen | 10:24.71 |

80m Short Hurdles

| | | |
|-----|---------------|-------|
| W50 | Frasier, Kori | 16.85 |
| M70 | Sheedy, Bob | 16.61 |
| | Vergin, Roger | 17.23 |

100m Short Hurdles

| | | |
|-----|-----------------|-------|
| M50 | Huarcaya, Luis | 16.91 |
| M65 | Peirce, Stephen | 21.69 |

100m

| | | |
|-----|----------------------|-------|
| W45 | Phillips, Linda | 16.16 |
| W60 | Schaefer, Betty | 17.69 |
| | Cooney, Caroline | 18.37 |
| W70 | Bradley, Janice | 21.88 |
| | Brock, Marilyn | 25.80 |
| M40 | Odoms, Eddie | 11.78 |
| M45 | Sanders, Steve | 12.28 |
| | Mickey, Scott | 13.32 |
| | Kaczenski, Lou | 13.33 |
| | Phillips, Mark | 13.52 |
| | Barshaw, Blaise | 14.79 |
| | Takizawa, Mark | 15.05 |
| M50 | Hasan, Naim | 12.79 |
| | Copeland, Scott | 13.33 |
| | Budziszewski, Joseph | 14.18 |
| M55 | Worley, Steve | 13.36 |
| | Beutler, Bill | 14.76 |
| M60 | Hickman, Dennis | 14.93 |
| | Ying, Richard | 15.63 |
| M65 | Peirce, Stephen | 14.64 |
| M70 | Kesey, Jim | 16.10 |
| | Stepan, Paul | 16.98 |

1500m

| | | |
|--------|--------------------|---------|
| W19-29 | Harteloo, Michelle | 4:57.44 |
| W45 | Toro, Wanda | 5:40.50 |
| W50 | Frasier, Kori | 6:22.96 |
| M35 | Waxman, Derek | 4:20.57 |
| M50 | Kollars, Steve | 4:55.09 |
| | Skinner, James | 5:17.39 |
| M55 | Tumasonis, Roger | 5:02.41 |
| | Demetrio, Ted | 7:25.36 |
| M65 | Peirce, Stephen | 6:40.91 |
| | Tanner, Ed | 7:02.22 |
| M70 | Wright, Larry | 6:58.78 |
| M75 | Ogden, Ken | 7:41.66 |
| | Rudy, Arlie | 8:41.83 |

400m

| | | |
|-----|------------------|---------|
| W45 | Smith, Sarah | 1:07.78 |
| W60 | Schaefer, Betty | 1:26.98 |
| M50 | Hasan, Naim | 58.57 |
| | Copeland, Scott | 1:02.53 |
| | Budziszewski, J. | 1:05.18 |
| M55 | Worley, Steve | 1:07.40 |
| | Beutler, Bill | 1:08.68 |
| M60 | Hickman, Dennis | 1:13.16 |
| M65 | Peirce, Stephen | 1:13.48 |
| | Tanner, Ed | 1:27.71 |
| M70 | Vergin, Roger | 1:22.59 |
| | Wright, Larry | 1:30.15 |
| | Brock, Woody | 1:31.60 |
| M90 | Bulkley, Dan | 2:18.38 |

3000m

| | | |
|-----|------------------|----------|
| W45 | Toro, Wanda | 11:51.43 |
| W50 | McVee, Amy | 14:26.72 |
| W55 | Prather, Sherri | 15:03.84 |
| M50 | Kollars, Steve | 10:44.34 |
| M55 | Prather, Bob | 10:04.65 |
| | Tumasonis, Roger | 10:53.34 |
| M60 | Hodge, Charles | 12:08.81 |
| M65 | Peirce, Stephen | 15:49.22 |
| | Tanner, Ed | 16:24.90 |
| M70 | Wright, Larry | 15:21.62 |

Pole Vault

| | | |
|-----|-------------------|-------|
| W70 | Sisley, Becky | 2.10m |
| M30 | Rudelitsch, Jesse | 3.61m |
| M55 | West, Dan | 3.61m |
| M60 | Phillips, Dennis | 3.50m |
| | Ying, Richard | 2.80m |
| M65 | Altendorf, John | 3.66m |
| M70 | Sheedy, Bob | 2.30m |

Shot Put

| | | |
|-----|---------------------|--------|
| W40 | Ely, Stephanie | 10.54m |
| W50 | Frasier, Kori | 8.03m |
| W55 | Kendall, Monica | 12.58m |
| | Kirkpatrick, Yvonne | 8.62m |
| W60 | Hinz, Susan | 7.32m |
| W70 | Bradley, Janice | 5.54m |
| M45 | Barshaw, Blaise | 9.22m |
| M55 | Banton, Steve | 11.93m |
| | Shank, Gary | 10.38m |
| M60 | Ford, Jerry | 13.71m |
| | Deeter, Bill | 12.14m |
| | Hruska, Jack | 10.76m |
| M65 | Kondrasuk, Jack | 7.77m |
| | Long, Bob | 7.72m |
| | Magnuson, Buzz | 7.51m |
| | Peirce, Stephen | 6.60m |
| M70 | Ward, Robert | 13.58m |
| | Huhn, Jerry | 11.86m |
| | Sheedy, Bob | 11.27m |
| | White, Lamar | 10.64m |
| | Myers, Joe | 9.65m |
| M75 | Koch, James | 10.56m |
| | Saling, Neil | 10.54m |
| | Lawson, Bob | 9.75m |
| | Sabin, Wayne | 9.27m |
| | Hewitt, Bob | 8.81m |
| M80 | Lewellen, Harvey | 10.64m |
| | Guimary, Ray | 9.37m |
| M85 | Weber, Frank | 6.50m |
| M90 | Bulkley, Dan | 5.58m |

Long Jump

| | | |
|-----|---------------------|-------|
| W50 | Frasier, Kori | 3.25m |
| W55 | Kirkpatrick, Yvonne | 2.49m |
| W60 | Cooney, Caroline | 2.97m |
| M40 | Odoms, Eddie | 6.30m |
| M45 | Toll, Mike | 5.48m |
| | Kaczenski, Lou | 4.56m |
| M50 | Copeland, Scott | 4.59m |
| | Budziszewski, J. | 4.11m |
| M55 | Worley, Steve | 5.02m |
| | Demetrio, Ted | 3.68m |
| M60 | Hruska, Jack | 3.77m |
| M65 | Kondrasuk, Jack | 3.47m |
| | Peirce, Stephen | 3.41m |
| M70 | Sheedy, Bob | 3.87m |
| | Vergin, Roger | 3.81m |
| M75 | MacLeod, Norman | 4.09m |
| | Hewitt, Bob | 4.07m |
| | Walker, Kermit | 3.68m |

Javelin

| | | |
|-----|---------------------|--------|
| W40 | Ely Stephanie | 26.92m |
| W45 | Phillips, Linda | 17.26m |
| W50 | Frasier, Kori | 24.10m |
| W55 | Kendall, Monica | 38.34m |
| | Ruff, Susan | 27.25m |
| | Kirkpatrick, Yvonne | 15.57m |
| W60 | Hinz, Susan | 15.59m |
| W70 | Sisley, Becky | 24.61m |
| | Bradley, Janice | 11.92m |
| | Brock, Marilyn | 9.99m |
| M30 | Peebles, Tyler | 49.04m |
| | Brown, Dan | 40.75m |
| | Appel, Geoff | 37.14m |
| M45 | Phillips, Mark | 38.76m |
| | Kaczinski, Lou | 36.41m |
| M50 | Sinclair, Tom | 50.00m |
| M55 | Banton, Steve | 37.14m |
| | Demetrio, Ted | 29.66m |
| M60 | Brogdon, Joe | 46.22m |
| | Watson, Doug | 44.84m |
| | Hruska, Jack | 37.42m |
| | Deeter, Bill | 22.56m |
| M65 | Appel, Doug | 37.36m |
| | Ward, Owen | 29.00m |
| | Magnuson, Buzz | 22.50m |
| | Stepp, Richard | 19.40m |
| | Tanner, Ed | 16.85m |
| | Peirce, Stephen | 9.31m |
| M70 | Stenlund, Gary | 47.37m |
| | Huhn, Jerry | 42.57m |
| | Sheedy, Bob | 33.62m |
| | Backstrand, Jim | 32.56m |
| | White, Lamar | 31.37m |
| M75 | Lawson, Bob | 26.04m |
| | Sabin, Wayne | 19.20m |
| M80 | Lewellen, Harvey | 18.80m |
| M85 | Weber, Frank | 14.15m |
| M90 | Bulkley, Dan | 12.32m |

Weight Throw

| | | |
|-----|------------------|--------|
| W60 | Taylor, Joyce | 12.21m |
| | Hinz, Susan | 9.62m |
| W70 | Bradley, Janice | 7.03m |
| M30 | Hoffman, Zeb | 16.86m |
| M60 | Taylor, Todd | 19.60m |
| | Deeter, Bill | 11.98m |
| | Hruska, Jack | 10.79m |
| M65 | Mathews, George | 16.68m |
| | Peirce, Stephen | 6.01m |
| M70 | Huhn, Jerry | 15.11m |
| | Sheedy, Bob | 12.59m |
| | King, John | 6.52m |
| M75 | Lawson, Bob | 11.96m |
| | Sabin, Wayne | 11.73m |
| M80 | Lewellen, Harvey | 13.74m |
| | Greenlee, John | 9.52m |

Super Weight

| | | |
|-----|---------------|-------|
| W60 | Taylor, Joyce | 7.28m |
|-----|---------------|-------|

| | | |
|-----|------------------|--------|
| | Hinz, Susan | 5.74m |
| W70 | Bradley, Janice | 4.77m |
| M30 | Hoffman, Zeb | 10.79m |
| M60 | Taylor, Todd | 10.10m |
| | Deeter, Bill | 5.91m |
| M65 | Mathews, George | 8.76m |
| | Peirce, Stephen | 3.30m |
| M70 | Huhn, Jerry | 6.12m |
| | Sheedy, Bob | 5.74m |
| M75 | Sabin, Wayne | 6.95m |
| | Lawson, Bob | 6.09m |
| M80 | Lewellen, Harvey | 8.15m |
| | Greenlee, John | 5.51m |

5000m

| | | |
|-----|------------------|----------|
| W30 | Rarick, Helen | 17:38.12 |
| W40 | Leasure, Julie | 18:41.15 |
| W45 | Toro, Wanda | 20:39.21 |
| W50 | McVee, Amy | 25:38.38 |
| W55 | Zderic, Miriam | 19:41.38 |
| M35 | Waxman, Derek | 16:13.01 |
| | Sheil, Dan | 16:38.83 |
| | Aronson, Bill | 16:45.51 |
| M40 | Rozendaal, Alan | 16:16.81 |
| | English, Joe | 16:37.33 |
| | Schmittel, Scott | 16:56.68 |
| | Miller, Anthony | 17:06.29 |
| M45 | Gonzalez, Daniel | 16:16.88 |
| | Terris, David | 17:05.46 |
| M50 | Spriggs, John | 19:24.63 |
| M55 | Cook, Don | 25:18.09 |
| M65 | Peirce, Stephen | 27:19.81 |
| | Tanner, Ed | 27:46.73 |
| M70 | Wright, Larry | 28:15.30 |

200m Long Hurdles

| | | |
|-----|---------------|-------|
| W70 | Sisley, Becky | 45.26 |
|-----|---------------|-------|

300m Long Hurdles

| | | |
|-----|-----------------|---------|
| M65 | Peirce, Stephen | 58.91 |
| M70 | Vergin, Roger | 1:06.69 |

200m

| | | |
|-----|-------------------|-------|
| W45 | Phillips, Linda | 33.55 |
| W60 | Puterbaugh, Candy | 35.19 |
| M40 | Odoms, Eddie | 24.08 |
| M45 | Sanders, Steve | 24.98 |
| | Phillips, Mark | 29.12 |
| | Takizawa, Mark | 32.29 |
| M50 | Hasan, Naim | 26.05 |
| | Copeland, Scott | 27.72 |
| | Budziszewski, J. | 28.72 |
| | Lytle, Randolph | 29.98 |
| M55 | Worley, Steve | 28.11 |
| | Beutler, Bill | 29.97 |
| M60 | Hickman, Dennis | 30.85 |
| | Ying, Richard | 31.27 |
| M65 | Peirce, Stephen | 30.92 |
| | Tanner, Ed | 38.76 |

| | | |
|-----|---------------|-------|
| M70 | Kesey, Jim | 34.89 |
| | Stepan, Paul | 35.64 |
| | Brock, Woody | 41.16 |
| | Wright, Larry | 43.53 |
| M75 | Kane, Don | 35.52 |
| M90 | Bulkley, Dan | 55.04 |

I Mile Race Walk

| | | |
|-----|------------------|----------|
| W50 | Bellerud, Nana | 9:10.06 |
| | Hawkins, Lynette | 10:37.91 |
| W55 | August, Bertie | 10:26.40 |
| W60 | Robeson, Maureen | 10:23.10 |
| M55 | Frank, Rob | 8:13.98 |
| M60 | Robeson, Dennis | 8:46.75 |
| M65 | Opsahl, George | 9:28.72 |
| M65 | Durrell, Michael | 12:12.15 |
| M80 | Vaughn, Dick | 12:20.62 |

800m

| | | |
|-----|-------------------|---------|
| W45 | Smith, Sarah | 2:36.01 |
| | Toro, Wanda | 2:53.59 |
| W60 | Puterbaugh, Candy | 2:56.69 |
| M50 | Skinner, James | 2:30.95 |
| | Budziszewski, J | 2:50.97 |
| M60 | Hodge, Charles | 2:42.40 |
| M65 | Peirce, Stephen | 3:16.52 |
| | Tanner, Ed | 3:26.63 |
| M70 | Wright, Larry | 3:36.69 |

Hammer Throw

| | | |
|-----|---------------------|--------|
| W55 | Kirkpatrick, Yvonne | 18.00m |
| W60 | Taylor, Joyce | 31.11m |
| | Hinz, Susan | 27.94m |
| M30 | Hoffman, Zeb | 47.14m |
| M55 | Hruska, Jack | 30.48m |
| M60 | Taylor, Todd | 53.92m |
| | Deeter, Bill | 31.11m |
| M65 | Mathews, George | 42.36m |
| | Peirce, Stephen | 15.62m |
| M70 | Huhn, Jerry | 34.46m |
| | Sheedy, Bob | 29.28m |
| M75 | Lawson, Bob | 28.67m |
| | Sabin, Wayne | 27.51m |
| M80 | Lewellen, Harvey | 37.26m |
| | Greenlee, John | 22.30m |

High Jump

| | | |
|-----|------------------|-------|
| W60 | Cooney, Caroline | 1.08m |
| W70 | Sisley, Becky | 1.04m |
| M45 | Toll, Mike | 1.54m |
| M50 | McMaster, Dwight | 1.64m |
| | Skinner, James | 1.38m |
| M55 | Hruska, Jack | 1.28m |
| M65 | Edwards, Jay | 1.28m |
| | Peirce, Stephen | 1.20m |
| M70 | Sheedy, Bob | 1.32m |
| | Huhn, Jerry | 1.25m |

Triple Jump

| | | |
|-----|--------------|--------|
| M40 | Odoms, Eddie | 12.54m |
|-----|--------------|--------|

| | | |
|-----|-----------------|--------|
| M45 | Toll, Mike | 10.84m |
| M50 | Yeoman, Michael | 10.56m |
| | Copeland, Scott | 9.96m |
| M55 | Lariza, Mike | 9.43m |
| M65 | Peirce, Stephen | 6.68m |
| | Kondrasuk, Jack | 6.42m |
| M70 | Sheedy, Bob | 8.15m |
| | Vergin, Roger | 8.03m |
| M75 | MacLeod, Norm | 8.62m |
| | Walker, Kermit | 8.47m |
| | Hewitt, Bob | 8.12m |
| M90 | Bulkley, Dan | 3.68m |

Discus

| | | |
|-----|---------------------|--------|
| W40 | Ely, Stephanie | 30.74m |
| W55 | Kirkpatrick, Yvonne | 21.77m |
| W60 | Hinz, Susan | 18.54m |
| M45 | Ward, Richard | 31.60m |
| | Barshaw, Blaise | 21.06m |
| M55 | Banton, Steve | 36.48m |
| | Shank, Gary | 31.60m |
| | Demetrio, Ted | 26.88m |
| M60 | Brogdon, Joe | 45.48m |
| | Watson, Doug | 39.85m |
| | Hruska, Jack | 38.31m |
| | Deeter, Bill | 38.09m |
| M65 | Ward, Owen | 35.11m |
| | Magnuson, Buzz | 32.76m |
| | Kondrasuk, Jack | 27.41m |
| M70 | Huhn, Jerry | 38.54m |
| | Ward, Robert | 36.07m |
| | Myers, Joe | 35.45m |
| | King, John | 34.21m |
| | Johnson, Norm | 30.69m |
| | White, Lamar | 29.98m |
| | Sheedy, Bob | 30.33m |
| | Vergin, Roger | 21.31m |
| M75 | Saling, Neil | 33.78m |
| | Lawson, Bob | 30.55m |
| | Sabin, Wayne | 30.14m |
| M80 | Lewellen, Harvey | 26.92m |
| | Greenlee, John | 20.19m |
| M85 | Weber, Frank | 12.92m |
| M90 | Bulkley, Dan | 13.41m |

4x100 Relay

| | | |
|--------|--------------|---------|
| M70-80 | PMTC | 1:12.83 |
| | Kane, Don | |
| | Brock, Woody | |
| | McLeod, Norm | |
| | Stepan, Paul | |

| | | |
|--------|----------------------|-------|
| M50-59 | Sprinting Studs | 53.74 |
| | Worley, Steve | |
| | Copeland, Scott | |
| | Beutler, Bill | |
| | Budziszewski, Joseph | |